

Future Outlook: Beyond Resilience



RESOURCE SHEET

This sheet highlights resources relevant to Alan Heeks' workshop at [CCC19](#), and for his work generally.

1. Impacts of Climate Change

It seems that there is little research on impacts, using the latest data on the acceleration of climate change itself. Many experts expect food supplies to be the major impact of accelerating climate change: this is explained in a 2019 paper written by Jem Bendell: [click here for paper](#). This also includes many useful references.

I asked a colleague to write a short paper on Food Impacts due to Climate Change, which includes indicators of likeliest geographic impact. To see it, [click here](#). (Pam's paper)

2. Responses A - Food Provision

There are two issues here:

- **Fair distribution:** currently the world produces enough food to feed everyone, if it was more fairly shared, and waste and over-consumption were reduced.
- **Increasing production:** future impacts of climate change imply that increased supply will be urgently needed. Jem Bendell's paper (see above) hints at ways to do this.

3. Responses B - Community Resilience

There's plenty of evidence from recent and longer history that food shortages quickly lead to riots, civil unrest, extremism and more. Raising resilience and cohesion at community level is important to reduce this risk. Here are some initiatives addressing this:

- Transition Network: has local groups in many countries, and has a large range of online resources. See <https://transitionnetwork.org/>
- Future Conversations: A new UK project, led by Alan Heeks. Now running pilot programmes in 4 disadvantaged communities: each is 6-8 facilitated conversations to build skills and collaboration and face fears about future issues, including climate change. See www.futuresscanning.org
- UK: <https://seedsforchange.org.uk/resources>
International: <https://www.trainingforchange.org/tools/> , <https://350.org/resources/>
Community Organisers: <https://www.corganisers.org.uk/>

4. Responses C - Nature dialogue

The view that many people have lost contact with Nature, and don't feel humanity's destructive impact on it, is widely held. Here are a couple of specific approaches to recovering and learning through Nature dialogue:

- **Thomas Berry:** The Dream of the Earth. Berry believes that mankind needs to feel part of Nature, and that transformation must start at the level of vision, myth, and dream. See Alan's [blog](#), and www.thomasberry.org.
- **The Seven Seeds of Natural Happiness.** Since 1990, Alan Heeks has created a 130-acre organic farm and a 70-acre conservation woodland where people can learn in and from Nature (see www.hazelhill.org.uk). Alan's Seven Seeds model shows how people can grow their own wellbeing and resilience through analogies with cultivated ecosystems. See www.naturalhappiness.net

5. Responses D - Spiritual Resilience

Alan Heeks comments: Resilience to future challenges has been the focus of my work since 2012. A summary of this work is my Eight Dimensions of Super-Resilience (see www.naturalhappiness.net/resources). The scale of future pressures means that we all urgently need a quantum rise in our resilience, and I believe the spiritual dimension offers most potential for this. I've explored this in my recent paper, *Believing in Better*. If you'd like to see this, email me at the address below.

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